



WOUND HEALING

## PROGRAM OF PREVENTION AND TREATMENT OF PRESSURE INJURY: MULTIDISCIPLINARY TEAM MAKING THE DIFFERENCE IN THE LIFE OF PEOPLE

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Introduction: Aging has become a worldwide reality. It is estimated that in the year 2050 Brazil will have a population of about 66.5 million people aged 60 or over. The incidence of chronic diseases, consequently increases the number of hospitalizations. Among the possible complications resulting from hospital admission are pressure injuries.

Objective: To develop a certification program for prevention and treatment of pressure injuries through the multidisciplinary team.

Methodology: This Evidence-based research. The implementation of the program was carried out in a large institution in Brazil. First step: diagnostic evaluation in relation to the care processes, within the accreditation standards carried out by Join Commission International. Second stage: a multiprofessional group was chosen to participate in seven modules of lectures / dialogues / practices based on the best evidences. The third stage was to carry out a new evaluation to verify the use of the knowledge acquired.

Results: Reduction in the incidence rate of pressure injuries was significantly reduced in relation to the years prior to this study. In 2017, the institution lowered its goal of injury from global pressure from 3.5/ 1000 pac-day to 3.0/1000 pac-day. The average incidence in 2017 was 2.8/1000 pac-dia. Discussion: With the technological advance for the treatment of injuries, it is imperative that the multidisciplinary team be instrumentalized with a focus on prevention. The interaction of the team with patients and their families, through weekly meetings, qualified the assistance provided and enabled the patient to participate actively in their treatment and prevention process.





Conclusion: The use of active training methodologies such as certifications and the use of protocols based on best practices qualifies the multidisciplinary team and improve the indicators of assistance. Develop teaching, research and assistance strategies that focus on a better qualification of professionals, aiming at quality and safety of care.

