



ACNE, ROSACEA, AND RELATED DISORDERS (INCLUDING HIDRADENITIS SUPPURATIVA)

## ACNE CONGLOBATA

Nurul Amin<sup>(1)</sup>

*Visiting Consultant In Dermatology In United Hospital Limited, United Hospital Limited,  
Dhaka, Bangladesh<sup>(1)</sup>*

Background: A 25 year old Individual presented with Papulo nodular lesions on the sides of the neck and posterior of the neck for 03 years. Usually after few weeks of appearance of papulo nodule it turn to abscess. It healed up with atrophy and scarring.

Observation:

Results: Following investigatios were carried out.

Blood complete picture: within normal limit

Mantoux test: negative (below 5 mm induration)

PCR for Mycobacterium Tuberculosis: negative

VDRL and TPHA tests: non reactive

HIV antibody: negative

Discharge from lesions for staining and culture: no fungus see

Liver function tests: within normal limit

Kidney function tests: within normal limit

Lipid profile: within normal limit

Histopath Examination: showed cyst like cavities filled with compact masses of keratinous material. It showed hair shaft trapped in lumen and atrophic. It showed dense infiltration of mixed inflammatory cells. No granuloma or malignant cells seen

Diagnosis: Acne conglobata

Treatment: He was treated with Isotretinoin – 2 mgm / kg body weight daily for 24 weeks

Key message: Scrofuloderma and Actinomycetes should be ruled out.

